

There is a thought.

Many people want to know why they are here and what comes after life ends. Try this:

Let the mystery of the unknown be.

To not be convinced about much of anything, whether it's abiogenesis, panspermia, evolution, religion, the Bible, the Koran, the Bhagavad Gita, atheism, caste systems, heaven, hell, or theories of past interstellar fighting between good and evil, is to remain neutral. No belief stands the test of both reason and proof, and all are based on spiritual conviction, faith, rather than proof. I'm not saying anyone is incorrect because people's needs are different.

Carving out an existence of relative neutrality can bring immense peace and happiness. Yes, there will still be moments on the flip side of that, but by staying unattached from groups that believe fiction is fact, one can live in the present rather than bending to and believing the writings from the distant past.

In fiction, the past is exciting, and our curiosity is piqued.

However, we should always return to the here and now.

We should create lives that allow us to fully enjoy the miracle of living on a planet in a galaxy in a universe.

Whatever the truth about the afterlife is, we will find out when we eventually arrive. Until then, gratitude, creativity, and doing what's right to the best of our ability are what are important.

Letting the unknown remain a positive mystery seems like the best choice to put one's faith in.

Written by Peter Skeels © 2-25-2026